

THE SEVEN VALUES TO THE EVERYTHING



AWAKENING WISDOM
DIGITAL DOWNLOAD
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The Seven Values to the Everything

Introduction

The Seven Values to the Everything are considered to be the principles of our Sweet Medicine SunDance Path. They are guiding lights that keep us within Sacred Law, honoring and respecting self, Life and others.

Something of value deserves our attention. It has magnetism and benefits us if we embrace it. Without values, without guiding principles, a person lives in a spiritual emptiness or cognitive dissonance. Values produce decisive actions; a lack of values creates a vacuum that produces a dissonance often experienced as boredom or lack of personal fulfillment (no matter how many material rewards were gained or how hard one worked).

Our values become our “guiding lights”. When something has value to us, we protect it, we stand up for it, we invest in it, and we make a commitment to it. Values prompt us to worship, treasure, honor, admire, respect, and love everything that Great Spirit has given us.

Everything we do in life constantly shifts our values inside the measure of self-worth. How we integrate our experience, what we believe about what happens, and every “personality and event” that captures our concern also impacts our measure of self-worth. We do well to pay attention to our inner value system!

When we go against the Seven Values to the Everything we contaminate our own inner measure of self-worth. When we align with and seek to walk these Seven Values into our everyday choices, then we increase and deepen our own self-respect.

Consider for a moment, the following key questions:

- *What makes me come alive? For what am I eager to get out of bed in the morning?*
- *What opens my heart and touches my soul in ways that give me courage to express my inner truths?*
- *What in my life am I willing to stand up for, speak out about, and go against the crowd if necessary?*

Seven Values as Guiding Principles

The Seven Values to the Everything are how Great Spirit continues to allow life itself to grow and develop. The Values are how we as humans evolve!

They are like seven streams that bleed together or seven strands that weave a tapestry. You cannot have one without the other for they are inter-connected as a whole.

These Seven Values inform how we come together with enough mutual benefit and welfare to prevent contamination, and then establish a working agreement on how we assemble our world in dharma, individually and collectively.

The Seven Values reside within the Seven Great Drivers in the Great Spirit's body creating what is known as "Infinity's Intent".

Our Seven Dancers, called Energy Mind Bodies, are able to guide our evolution because each of them carry all of the Seven Values. Thunder Strikes described how the Elders see them as feathers, like our antennae, the communication lines between us and the As Above, between us and Great Spirit. They are seen as major transformers – the guiding principles of the conduct and behavior of a noble Warrior who is serving a cause.

Thunder Strikes told a traditional story used to teach the people the nature of the Values:

When a feather falls out of the headdress of a dancer in a Powwow, the dance stops, the drum goes on a heartbeat, and the people step into an attitude of prayer as they wait for a veteran to come forward to pick up the feather. When a veteran does, he does a special dance before gently, very gently picking up the feather, as if it were a little child. He offers it to his heart and then back to the dancer who lost it. This dancer knows that the feather would not have come out if it had not been for something they had lost in their soul that needs to be replaced. And so the feather is treated with utmost respect so that Value can be restored.

An In-Depth look into each of the Values

We will now take an in-depth look into each of the Values. The Values can only be understood if you walk them around the wheel of Warrior's Attributes and so, for each one, we will examine the eight directional reflections for how this Value influences our way of life.

1. Artistic originality – *determines your creativity and knowledge*

Artistic Originality allows Great Spirit to create any form or any thing and give that thing a specific purpose or function that is unique. Each human being is completely and totally unique – there are no exact duplicates in finger-prints, for example. Also our individual genetic code is never a duplication of another person, whether they be our birth parents, siblings or distant relatives. Each has its own unique combination of characteristics and qualities.

Therefore, each of us has our own unique individuality and autonomy. And we can only "shine" when we are doing it "our way". There is a certain demand within us to be who we are and to evolve that beingness into the greatest expression of self that we are willing, able, and courageous enough to explore.

It is our Artistic Originality that allows us to step into the unknown, to access the knowledge that we desire or need. This is possible through free thinking and unlimited imagination.

Each time we pick up the Pipe and develop our own personal connection to Spirit within proper alchemy, we are exercising this first Value. Spirit only knows us as “one of a kind” and is delighted each time we exhibit this unique aspect of its creation.

Artistic Originality around the Wheel

EAST – Speed and Self-Growth

Artistic Originality means you have your own way to the light, your own truth that you walk on your spiritual path. So find the way, any way, and then make it your way!

Take a look into the east using these questions:

- What is your speed?
- How do you best speed up the way you learn, grow, develop and mature?
- What kinds of self-development can you say are yours?
- How much have you grown in maturity, authority, responsibility, and accountability and how did you do that?

WEST – Power and Strength

Physical artistic originality gives you the way to conquer any physical block, including a death-producing disease. It can look like instinctive intuition that is never wrong. It also allows you to have the endurance and stamina to push through a challenge, what we call “true grit”.

SOUTH – Balance and Control

In the south, when this Value is combined with balance and control, it gives you a way to become the hero or heroine, to make the genuine give-away. It allows you to create whatever you need in the moment to deal with a situation effectively.

NORTH – Intent and Coordination

Here we are able to cross train or translate what we know in one arena into a completely different one. Artistic Originality in the north gives you the ability to coordinate a string of thoughts into an idea and see how to put it into action.

Experiment with this: Glean another person or situation or environment and then touch “it” with all of your connectivity (all of your originality) and see what happens.

SOUTHEAST – Attitude and Approach

Our attitude and approach is where all significant change will begin and end. How receptive are you to your creativity (artistic originality)? Do you have decisive actions that lead to solutions? If not, shift your attitude, experiment with a unique approach, and then behave with full confidence to see what happens.

SOUTHWEST – Space and Distance

Look at your mesas, your bedroom, your desk or workplace. And then ask yourself these questions: How do I set up my space? Does it fill me with a sense of peace and well-being?

Distance has to do with how we build rapport, how we establish relationships with any of the worlds of Grandmother Earth, as well as how we translate archetypal symbols (and medicine signs) in order to understand the language of these worlds.

NORTHWEST – Pattern and Timing

No two individuals are the same – we will each engage the lessons of life in our own unique way and master or gain autonomy from within a pattern that we can engage effectively.

Artistic Originality offers us a way to catch timing and understand cycles. When we honor OUR timing we discover cycles within sacred law that allows us to find what works for us.

NORTHEAST – Relaxation and Focus

Artistic Originality in the northeast is the key to avoiding stress by relaxing and focusing on a proper prioritization of our hungers. We must find our own way to meet and fulfill our needs and desires. When we know we can do it “our way” we are more likely to relax, which is the prerequisite to focusing on actualizing what we desire.

2. Refinement of One's Character – *determines your self-growth and development and most importantly your self-worth*

Persons of character assume authority and take responsibility for their thoughts, words, actions and deeds every time, any time, and all the time. They embrace a love for life and therefore have access to their will to do. Their full commitment is to ongoing refinement of that character.

Refinement is an ongoing practice that includes an intent; intending and working towards our advancement; excellence and mastery.

Refinement of character puts us in control of our own circle. All of the teachings and ceremonies of this Path are dedicated to this Value. You may recognize these questions/challenges:

- Have a fear? Make it known.
- Have a block? Tear it down.
- Lack a skill? Go get some training.
- What do you love enough to dedicate such a high level of ongoing commitment to improving?

Thunder Strikes shared this wisdom from Grandmother Ethyl: *“Don’t push your personality – stand within it or as it – that is when you are standing inside your principles and it determines the where and how you do what you do.”*

Refinement of Character Around the Wheel

We begin in the west as that is this Value’s “home base” or sitting place.

WEST – Power and Strength

As long as we have no concern for the reactions of others, this Value drives us to fully develop our presence, prowess and strength. If we let others define our character, we will never define, and more importantly, never refine our character.

NORTHWEST – Pattern and Timing

This is how we learn from the mistakes of our patterns and timing. Grandfather Two Bears is said to have called it *“easiness of living”* which occurs when we understand what, when, where, and most importantly, how to change a redundant or dysfunctional pattern into a better pattern and know the timing of when to let it go and move on.

We have to know our strengths and weaknesses – and how to position them so we can use a weakness to refine our strength! We have to let ourselves enter the space of not knowing, not having it together, in order to push the edge and go for the more. It also necessitates discerning whether giving to another is rescuing or co-empowering. The northwest offers ongoing opportunities to test and challenge our patterns until we see clearly how to change them for the better.

NORTH – Intent and Coordination

Refinement of Character allows us to coordinate our intent into problem solving and take it into decisive action. It gives us the strength to stick with our own principles even when the majority thinks differently. Even so, we must also be willing to admit when we are wrong. Having a combination of humility and curiosity in our adult substance shield will make us much more willing to engage the refinement of our beliefs.

NORTHEAST – Relaxation and Focus

In the northeast, this value gives us the ability to understand our priorities as they shift and change in the natural developmental cycles (i.e. with increased age and maturity). This gives us the courage of commitment to honor our duty to be of service and be an image-maker.

EAST – Speed and Self-Growth

Speed of Self-Growth gives us the ability to accept self-command without self-abuse, while pushing the edge no matter what. When we are not afraid to fail, we gain unbendable will and intent to reach for that edge and go for the more. We become unwilling to quit.

SOUTHEAST – Attitude and Approach

In the southeast we are asked to examine all of our self-concepts and world view models and assess whether or not they are part of our refinement of character, and if not, how they sabotage or retard it.

SOUTH – Balance and Control

In the south, we have to identify where and how we lose our balance before we can identify what is needed to hold this value here. Orende Charting is an excellent way to identify and track where we lose our balance. Emotional triggers set off defense mechanisms that produce patterns of pity and sabotaging behavior choices. Holding our one-point stabilizes us in order to stay with our commitment to self-growth.

SOUTHWEST – Space and Distance

How do we hold any and all spaces of life experience and close the gap between us and those who are significant to us? Becoming wise and benevolent in how we hold our space and engage with others is the key to this value in the southwest. Ask yourself:

- How am I, or how can I become, a magnetic attracting thought space in the different arenas of my life?
- When needed, am I willing and able to put on the cloak of invisibility?
- What is needed for me to hold my space?
- How will this refine how I close the gap between me and life/others?

3. The Relationship One has to Those in the Immediate Everyday Environment – *determines your overall happiness and your relationship to success.*

For most of us, this is the Value that tests our integration and application of how we choose to live our life. We see this most vividly when, at the time of holiday feasting, we return to our family of origin. 😊

There are several keys that help us assess this value and how clearly we live it. Take a look at your circle of friends and relations. Place them in concentric circles of intimacy for you. Then ask yourself these questions, commensurate with the ring of closeness to you:

- Are these friends willing and able to support my Values?
- Am I reliable and dependable in these relationships
- Are they willing, able and ready to be the same with me?

The Working Law of Contagion states,

Objects or beings in physical or psychic contact with each other continue to interact after spatial or temporal separation.

Anything that has been in contact with something else maintains contact with that thing through the ethers.

Contagion is the transference of the psychic-kinetic energy between any two given entities, established through connecting links to Intent. Contagion is not bad, it is the psychic-kinetic discharge. Contamination through contagion is bad.

When we apply this Law to this value, we can identify where and how we have been influenced (or contaminated) by another. Perhaps what triggers them has triggered you. Alternatively, their dedication may also inspire yours (a positive contagion).

Relationship with Those in our Most Immediate Everyday Environment

As we walk this Value around the wheel we begin in the South

SOUTH – Balance and Control

When we look after ourselves so that we are growing, learning and developing benevolence of self, we have it to give to life and others. To do so, we have to be able to stand alone without loneliness in order to integrate this Value in the south. The less developed this value, the more ingrained will be our molding, sculpting, and armoring, and the more susceptible we will be to being controlled by those in our immediate everyday environment.

SOUTHWEST – Space and Distance

This is the best place to see the Law of Contagion at work. Learn who is in your five circles of influence (strangers and enemies farthest out; most intimate in your inner circle). Having a faith bond is based on honesty, integrity and respect – and this is key to the southwest reflections of this Value. Develop your instinct to recognize enemies in disguise, friends in need, and practice discernment at all times.

WEST – Power and Strength

Learn about Code Orange. Remember, the more light we cast; the darker the shadow. We need at least three people who are willing to look out for us to the extent that they are willing to “bleed for you” (in the words of Bill O’Reilly). Who are these people in your life?

Celebrate each other’s shining – and beware of the “tall poppy syndrome” (which brings down those who shine so that no one sticks out above the rest).

NORTHWEST – Pattern and Timing

Those who are in our most immediate everyday environment are people who are inside our life-style pattern. The northwest guides us to create agreements of mutual benefit and welfare. Look for image-makers of value, those who reflect positive patterns of co-empowerment.

NORTH – Intent and Coordination

The north is where we learn to value and respect the differences in how others see the world, without sitting in judgment. Mutual respect forms a deep bond and creates what Grandmother Ethyl called a “*magickal transformation of spirit*”.

NORTHEAST – Relaxation and Focus

Do not associate with people who drain your energy. Instead hang out with people who push their edge as much as you do so you can inspire and motivate each other.

EAST – Speed and Self-Growth

At some point in our spiritual self-growth, our spiritual family becomes more important than our blood family. Our fellow Rainbow Warriors are people who will always help, without exception, all the time and every time.

SOUTHEAST – Attitude and Approach

The southeast is often a breaker place for this value. Very often we have people in our immediate environment that should not be there. For example, we must not have someone in our circle that disrupts our self-concepts by not accepting our true measure.

It takes great maturity and wisdom (as well as the Teachers of Love and Patience) to deal with those who make big mistakes that we do not respect and yet keep them in our most immediate everyday environment.

4. Strength of Mind – *determines your clarity of perception and your ability to be in reality all the time.*

Strength of Mind has to do with sobriety, clarity, and truth. This value demands that we have viable, workable knowledge and enough open mindedness and free thinking ability to change our mind when greater knowledge is revealed. Inside this value, we know what we know and can use it to actualize, to do what we know needs doing. Our dharma commander ego voice speaks through this value.

Strength of Mind gives us the ability to communicate clearly and accurately the truths we have integrated. This is critical to our survival adaptability, to free thinking, problem solving, leadership, and all forms of mind games or puzzles.

Strength of Mind around the Wheel:

NORTH – Intent and Coordination

Thunder Strikes shared that Grandfather Two Bears used to say, “*We don’t have Strength of Mind without a good relationship to general knowledge*”. Ask yourself: How much do I know about the many different arenas in life? How up to date is my knowledge of key arenas that impact my belief systems?

NORTHEAST – Relaxation and Focus

This value becomes the ability to free think and solve problems in an excellent manner. We have to learn to love chaos in order to become part of the change itself and therefore find a

solution that will work. Practicing relaxation and focus in the middle of chaos allows us to “Source the Force of the Everything”.

EAST – Speed and Self-Growth

Receptivity in our Strength of Mind allows us to receive the determination of Spirit and find the exact Path with Heart that works for us. Our body is inside our mind. We must listen to the determination of our spirit so that, along with the proper alchemy and ceremonial protocols, we can develop wisdom.

SOUTHEAST – Attitude and Approach

The southeast of this value demands an absence of beliefs. Instead, consider eight different ways to look at reality so that you gain access to alternatives that you can pull from to frame an attitude and approach that will work. The Elders say that Strength of Mind in the southeast is our willingness and ability to go beyond religion.

SOUTH – Balance and Control

The south asks us to exercise Strength of Mind to balance our five aspects and create an “academy award winning performance”. We are the hero/heroine in our story, making a difference and creating moments of power.

SOUTHWEST – Space and Distance

This value gives us the ability to open a closed symbol, confront a dark mirror, break down our process and thus master holding our space with proper distance from those around us. Through controlled dreaming we can catch up with our Higher Self’s guidance and dance it awake in the tonal world.

WEST – Power and Strength

Strength of Mind gives us the discipline, commitment and follow through to train, train, and train some more in order to enhance our talents, skills and abilities. In the end this value will determine how we will meet Benevolent Death. Are we dying well now? Are we living fully?

If our belief systems tell us to not fight back, we don’t even see the opportunity to fight back. (Thunder Strikes referenced and recommended the story of the Warsaw ghetto and the unloaded guns from ***Unintended Consequences***).

NORTHWEST – Pattern and Timing

Strength of mind in the northwest is autonomy, the ability to discern the proper pattern and timing necessary to change when we need to change. This value is critical to catching moments of power or minimal chance.

Make sure your plate is not too full and your cup is not spilling over; always leave room for dharmic opportunities!

5. The Condition of One's Bodily Appearance – *determines your level of physical excellence.*

This Value is not what it first appears - it's not just the body we see when we look in the mirror. It has to do with our current state of physical presence (condition). Bodily refers to our physical form but appearance has to do with how this form is perceived and experienced. This value includes the presence of our Dream Mind Body, our whole energy body, and our double.

It's all about presence. It has to do with being here and now with who you are in each moment and in each space. Ask yourself these questions:

- Do I step up to the plate or do I hang back?
- Am I a clear mirror for those who are witnessing me?
- How well do I hold presence with magnetism?
- Am I comfortable in my own stance and posture?

Each time we reincarnate, we have an opportunity to gain greater presence, better health, less karma, clearer dharma, and thus gain greater memory of who we truly are. Our True Nature holds the full potential for us within form (physical body) and formlessness (the many steps within doubling to full resurrection).

The Condition of one's Bodily Appearance around the Wheel:

SOUTHEAST – Attitude and Approach

This value sits in the southeast as its primary sitting place. It includes accepting the essence of the astral or ethereal self in dreamtime, and the twice energy body or double of a future incarnated self. Self-acceptance ranges from being comfortable in our dress, style and how we present ourselves out to the world, all the way out to how we fulfill our sexual hungers as the call of our soul.

SOUTH – Balance and Control

In the south, we look at how we present ourselves in our story, our mask dance. How comfortable and at ease are we expressing our emotions, our heart, that is, our magnetic attraction, in a sensuous, sexy way? Controlled folly is key to this value in the south.

SOUTHWEST – Space and Distance

One of Thunder Strikes favorite stories of his training with Grandfather Two Bears had to do with this lesson: *"If you cannot change a baby's dirty diaper or shovel coal then you will not be able to Dance Chief a healing ceremony either."*

We must learn to hold our space – and do what needs to be done – no matter what the external circumstances. Can we, do we, whistle while we work? Can we be in comfort and security, fully present at this moment, at this time, and in this space?

WEST – Power and Strength

In the west, we must look at our level of success. Can we, have we, moved beyond the class we were born into? Can we go for success and personal fulfillment, no matter what?

NORTHWEST – Pattern and Timing

We will have this value to the degree to which we are in a benevolent life-style pattern. The nagual enemy of Power sits in the northwest and so this value asks us to look at power – both dark and light. Do we have the power? Are we exercising it in the light (mutual benefit and welfare)? Or are we misusing, abusing, or perhaps simply avoiding the natural power of our physical mastery?

Grandmother Ruby Morning Star is reported to have addressed this as: *“Humanity = humans in unity; humankind = humans who are kind to one another; and humanness = lost without functioning as a well-developed mature human being.”*

NORTH – Intent and Coordination

This value in the north produces an unbendable will and intent within one’s actions in the world, necessitating a good sense of humor. When an apprentice in a healing circle hears their Inner 18, accepts their affliction and steps into the crystal matrix to give it away and it is done, this is this 5th Value in the north!

Ask yourself: Do I accept what I am able to accomplish and do I reward myself for my successes in life?

NORTHEAST – Relaxation and Focus

The northeast asks us to make our medicine our work and our work our medicine. This allows us to come out of an experience with more energy than we had going in to that experience. This is true even when there is a lot of chaos involved. To experience this value in the northeast, we have to be in a good physical condition, well rested, awake, aware, and alert in full presence.

EAST – Speed and Self-Growth

In the big picture, we are looking at our speed of self-growth to arrange our double so we can get out of the circles of reincarnation and resurrect.

On a more practical level, it is the ability to increase our metabolism to stop the impact effect of aging on the physical body. This involves your Moving Assemblage Point, Stationary Assemblage Point and Great Light Assemblage Point, including the strength of our fibers. And, yes, nutrition, exercise, sunlight, water, oxygen etc. all play a role! The east of this value is where our orende – both tonal and nagual – play a very significant role.

6. The Statement, Stance or Stand One Takes in Relationship to General Knowledge – *determines your ability to maintain, sustain and preserve your freedom.*

The sixth value puts all of our values to the test as we are asked to define our bottom-lines from a well-informed, sober and open-minded place. To do so, we must study, examine, and appreciate multiple viewing points.

Grandfather Two Bears summarized this value in the simple statement of, “*Know who you are.*”

There are many ways to speak of the three words, statement, stance or stand. Here are five ways that Thunder Strikes described them over the years.

- 1999: **Stand** is your bottom-line; **statement** is HOW you communicate; stance is your flexibility to learn and grow to gain new principles as well as being willing to die rather than sacrifice your bottom-lines. **Stance** is the honesty and integrity with how you honor your principles. It is your kiri/maku, your give-away to life and others.
- 2002: **statement** is about who you are and how you express your individuality; stance in the world is your particular “ism”; **stand** is the bottom-line principles that you are willing to die for. And you have to have enough general knowledge that you can back up what you say and walk your talk (**stance**)! This is how and where the ultimate point of agreement between two people will be reached.
- 2003: A **stand** is a bottom line that you do not go beyond and a stance is how you make it work in the world. **Statements** are the facts you use. The **stand** you take means you have the prerequisite knowledge to do something with it. **Stance** refers to the actions you take, the whole presentation of your movements.
- 2011: **statement** is the way in which you seek and validate the meaning and purpose for life. You are seeking the universal truths – all sacred laws are therefore “statements”; **stand** is your moral or ethical code; **stance** is how you present yourself to the world based on your bottom-lines.
- Unidentified timing: **statement** is what you know is true – it’s a personal truth that works right now. It is changeable. **Stand** is your bottom-line statement of values, your line in the sand. You will die before you violate your stand. **Stance** is how you communicate to life and others your statement and stand. It is how you walk your talk.

Statement, Stand and Stance in Relationship to General Knowledge around the Wheel

SOUTHWEST – Space and Distance

if we are standing in a circle of ignorance, we will not be able to process our life experience. Think outside the box! We must be able to grow and develop; increase the amount of space and decrease the distance with those that matter; increase the distance from those that don’t.

WEST – Power and Strength

The Elders say there are five prime arenas to hold this value in the west: good health, stamina, endurance, strength and prowess.

We have to know how to survive in any kind of environmental situation. The key to survival is being natural with nature. When we are with nature in our naturalness, Nature will teach us (statement) how to engage (stand) and what we will gain as a result (stance).

NORTHWEST – Pattern and Timing

The statement, stand and stance we will take in the northwest has to do with what we know how to do. It has a lot to do with our ability to get over it, get on with it, and get out of it. Be willing to get out of the box of comfort and security and into the discomfort that change demands.

NORTH – Intent and Coordination

This is a most important direction for here is where we will find our truths, what works for us. We must know these truths, live them, learn from them and then improve them to the point where we have multiple abilities to discern what needs to be done, all based on factual knowledge. At that point we will be able to abandon our belief systems because of the power or empowerment of knowledge that works.

NORTHEAST – Relaxation and Focus

This is where and how we will be able to understand proper prioritization. This value has us sort for truth and fact-based assessments. How well we do this affects the quality of our health.

EAST – Speed and Self-Growth

Our connection to the worlds and elements in the naturalness of nature is how we apply this value in the East. It assists us in distinguishing between a spiritual connection to nature and a philosophical concept or religious dogma.

SOUTHEAST – Attitude and Approach

Here we formulate our individuality - who we think we are - and discover who we really are, how we do things and whether we like how we do it. It is self-acceptance that gives self-deservement and self-worth.

SOUTH – Balance and Control

We begin formulating certain statements, stands and stances in relationship to general knowledge at a very young age, between 7 and 9 years old. Take a look at the Moon Cycles and your own life experience. What did your life experience at that age model or teach you? What conclusions did you draw from those experiences?

Between the ages of 9 and 12, our conclusions become the issues that we fight as we go into puberty. These early values are a key to our independence and inter-dependence.

7. One's Sexual Connection to Everything and the Everything – *determines your level of success.*

This value teaches us inspiration, motivation, and the will to do. Sexual refers to soul force, the underlying instinct that is the key to the vitality of our engagements. We could speak of it as “how one catalyzes one’s connection to and with all forms of all things”. Sexual Connection is the way we catalyze with our soul force, our immortal soul energy. In this way, we become the “prime mover” in our own life and this places us at cause in the center of our own circle.

Sexual Connection To the Everything all around the wheel

NORTHWEST – Pattern and Timing

Almost all of our lessons are directly involved with sexual relationships – and this begins with our mother, in the womb, as she is downloading from her She Thoughts. It is how we learned to connect and engage with our own resource circle of life itself. This influences how we age, learn and mature, as well as how we acquire knowledge and establish our liberty and freedom.

NORTH – Intent and Coordination

This value in the north has to do with how we learned to read and how well we learned to read as this skill forms the foundation for our ability to think and solve problems.

NORTHEAST – Relaxation and Focus

Now the big question in the northeast: How are you with chaos? Can and do you use it to catalyze?

The goal in life is not the end point but the journey. Appreciate the journey and be able to alter it in any given moment to increase your pleasure, fulfillment and success along the way.

EAST – Speed and Self-Growth

The east of this value refers to our ability to discern objective reality while using our imagination to create the reality that works for us. It holds the essence of raw power intending and memory. It is how we will be able to make things happen that fulfill our desires and meet our needs.

SOUTHEAST – Attitude and Approach

The value in the southeast becomes our ability to fight for our individuality with genuine care and love for self. It is a direct reflection of our full measure of liberty/freedom, of individuality and autonomy. We find our worthiness by putting it out there, by letting it shine!

Another helpful tip in this direction: if we do not have a sexual connection, a catalyst soul force connection, to all forms of all things, it will not occur to us to use them in our love-making.

SOUTH – Balance and Control

The fulfillment of our sexual hungers begins in the south with balance and control of our sexual energy. Give beauty without strings of attachment.

The south is the place of initiation. Go to the Inner River of Knowing, step into the Stream of Livingness and then start something new. This will give joy in our pursuit of life.

SOUTHWEST – Space and Distance

This value in the southwest becomes the catalyzation of our assemblage. Increasing our levels of awareness and the bands of awareness within our stationary assemblage point increases how we value our process of life experience. Consider invoking this value (similar to an invocation of a contract) to enhance the integration of an experience.

WEST – Power and Strength

In order to connect and catalyze we must listen to the teacher of Pain so that we know which forms of life need to change and how to push the zone to the other side of the pain. Assimilate, assemble, and complete in order to gain mastery.

Remember the “growing pains” you had when you were a young pre-teen or teen?

This completes our circle around the wheel with the Seven Values. Now let’s look at how these seven create the 8th, 9th, and 10th Values.

The Three “Hidden Within” Values

The Seven Values to the Everything become Ten Values as soon as we put them to work within the Grand Design Spinner (see application exercise on p23.)

These additional three values are called the “Hidden Within Values”

8. Creating your Dharma Life Pattern – *gives you a sense of completion and fulfillment*

Creating a dharma lifestyle becomes ever more essential as we assemble our everyday life out of karma and into a way of life that offers the fulfillment of our deepest desires. In the steps of dharma intending, this value takes on the special quality of actualizing memory from within our soul’s Circle of Law. Thunder Strikes gave us a helpful and simple mandate to shifting out of karmic patterns into a dharma life pattern in our everyday life:

- Get up
- Get over it
- Get it on
- Get busy
- Do something creative, do something for someone else, send someone energy
- And grow up!

9. The Wisdom to Properly Design your Hungers, Sexual Hungers and Work Priorities – *gives you the ability to avoid stress and stay in good health.*

To live this value requires an investment into shifting our choreography so that we are learning through pleasure rather than pain. Dharma and stress are incompatible! Changing our

orientation from the compulsive demands within karmic pattern to the nourishment of feeding our soul's hungers is one of the most critical changes asked of us at this time.

DeerTracks in the winter of 1995 had a beautiful teaching shared by Thunder Strikes that he attributes to Sophia Thin Sticks. Here are a few excerpts:

Hunger is the source of the force of the everything. Hunger is like the cosmic fuel for the planets with human life. Were it not for Grandmother Earth's hunger she would not have become the womb mother for Grandfather Sun. And if it were not for Grandfather Sun's hunger for Earth Mother, Goddess Beauty, called the Chosen One, there would be no life. And if it were not for Earth Father, there would be no air and wind spirits, and Father Sky would not be....

Hunger flows into the water, the wind, the earth, the fire because it was birthed out of the void as the will to be, as the intent of becoming and as the willpower of existence, and it became the free will of evolution.

Without hunger we would not be here. No existence is possible without hunger....

When we work, the work is supposed to be of service to others in assistance of their hunger. We were meant to be free men and women who produce in work the energy of feeding the hunger of all the children of Grandmother Earth, and that includes the physical hungers first..... Our work is truly being of service in the assistance of feeding the hungers of others.....

Work is but the simple manipulation of the proper use of the hunger utilized with applied intent. Therefore your Work becomes Medicine and your Medicine your Work.... Your work then is being of service to spirit....

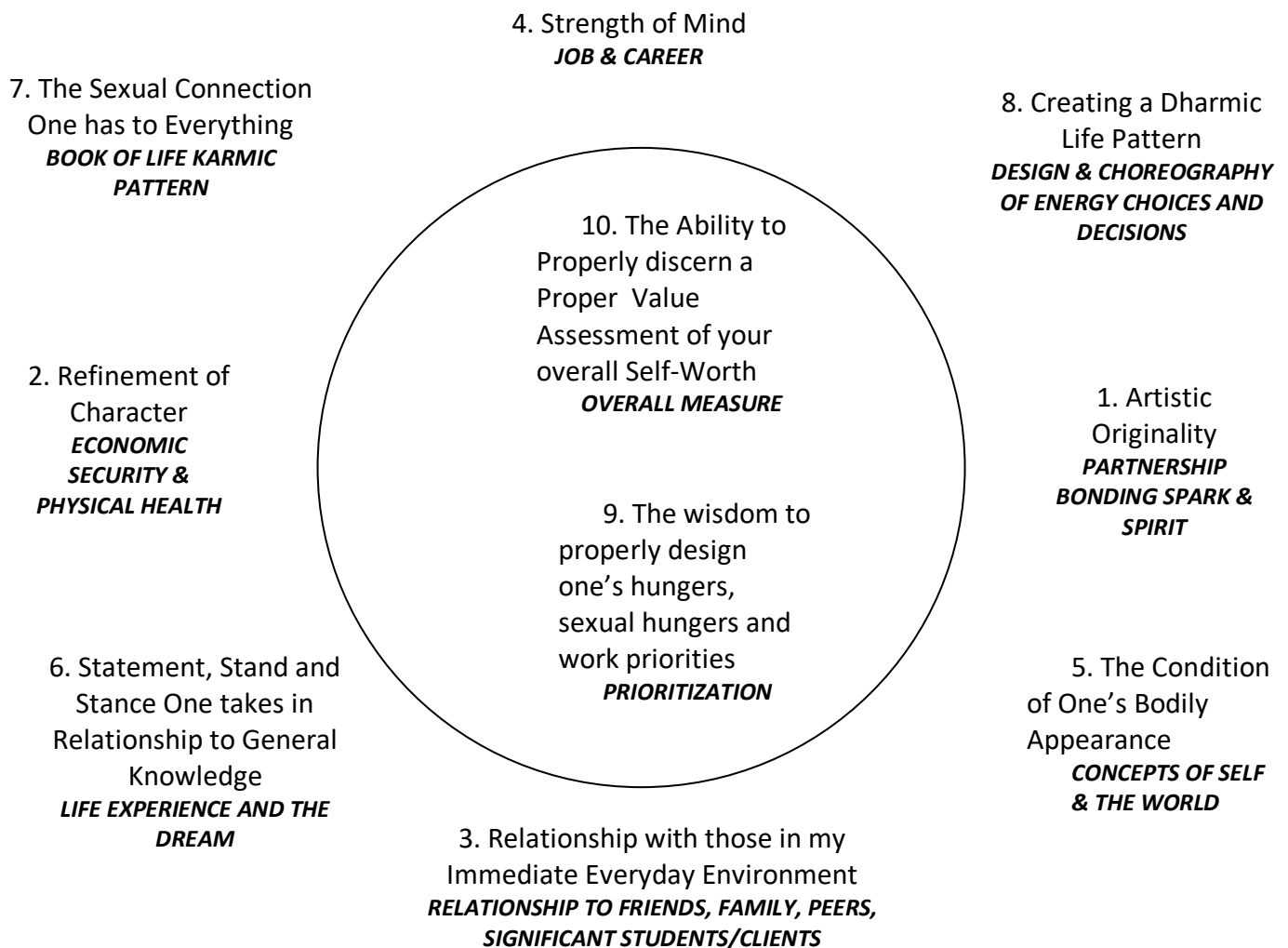
When you do your hunger priority piece you are giving life back to yourself. When you do your sexual hunger priorities, you are giving back your will. When you do work priorities you are giving yourself back your dream.

10. The Ability to Properly Discern a Proper Value Assessment of your Overall Self-Worth – *allows you to become the person you choose to be with individuality and freedom.*

We were created to be free, autonomous individuals. To become so means we must invest in those choices and decisions that allow us to maintain and sustain our energy. The Wheel of Measure summarizes this best. A proper value assessment begins with self-acceptance, for only then can we stretch to increase our self-deservement. To do so, we must let go of the old concepts of self and expand into a greater measure of self-worth so that we accept the value of our talents, skills, and abilities as our inner resource circle. That inner resource circle includes all that is needed to be happy, healthy, and hopeful. Self-love thus becomes our spiritual determination. And when all is in harmony, and we are willing to keep learning and growing (including the necessary sense of humor), we develop self-respect. This is what allows us to become the free, autonomous individual we were created to be.

The Seven Values to the Everything within the Ten Arenas of Self-Worth

NOTE: in this section, the Seven Values are placed on the wheel in the direction that corresponds to its number (for example, 1 in the east; 2 in the west, etc.) rather than in the positions we are used to when using the Grand Design Spinner. This is their “home base” rather than their “working place”.



When overlaid with the Ten Arenas of Self-Worth, the Seven Values to the Everything offers us reflections that confront where and how we live these values. Do we have sufficient Self-Worth in each of these arenas to live in connection with Great Spirit's guidelines for us in dharma?

1. Artistic Originality – Partnership Bonding Spark and Spirit.

This value is key to our evolution: each of us must be who we are and do what we do our own way! Ask yourself these questions:

- a. Am I evolving within my partnership(s)? Is the spark of spirit fed so that I am learning, growing, and actualizing my vision?
- b. Am I putting my uniqueness into my partnership(s)?
- c. Am I being who I am and doing life my way? Am I willing to stand up against the mainstream thought or take a different approach within my bonded relationship(s)?

2. Refinement of One's Character – Economic Security & Physical Health

Persons of character assume authority and take responsibility for their thoughts, words, actions and deeds every time, any time, all the time. They have the love of life and will to do. Their full commitment is to ongoing refinement of that character in regards to economic security and physical health. And they are willing to make as many mistakes as necessary to learn and grow to the point of no longer needing to make mistakes. Ask yourself these questions:

- a. Am I compassionate with myself when I make mistakes? Do I get back up and go again when I fail?
- b. What do I love enough to dedicate such a high level of ongoing commitment to improving?
- c. Am I in control of my economic security and physical health?

3. The Relationship one has to those in the Immediate Everyday Environment – Relationship to friends, family, peers and significant others.

It is in our everyday life and circles of relationships that our character and our values are truly tested for this is where our “true colors” are most likely to emerge. Ask yourself these questions:

- a. What role do I play in my family, with friends, and in my community?
- b. To whom do I owe compassion and/or forgiveness? How do I show it (or not)?

4. Strength of Mind – Job & Career

This value challenges our belief systems, our inner dialogue and our career choices.

- a. Do I love the work that I do each day?
- b. Am I actively part of the solution? Or do I add to the “grumble” and dissatisfaction without doing something to change the circumstances in my life?
- c. How empowering and encouraging is my inner dialogue? Who am I listening to and who controls my choices?

5. The Condition of one's Bodily Appearance – Concepts of Self & the World

This value has to do with how we carry our concepts of self and the world, which will show up in how we appear in any given space. How does our very presence, and the power with which we engage, impact the space we are inhabiting? Our beliefs are tested against reality through our ability to walk our talk. Ask yourself these questions:

- a. Do I step up to the plate or do I hang back?

- b. What does it mean for me to have integrity within my appearance? Is what another sees what I am actually giving?
- c. What are my “hot buttons”? How do I most easily get triggered so that I lose my presence and balance?

6. The Statement, Stance or Stand one takes in Relationship to General Knowledge – *Life Experience and The Dream.*

As we put our values to the test inside our everyday life, we will need to create clear bottom-lines. To do so means we must be well-informed, engage multiple viewing points and study/examine what is going on in our everyday life so that these bottom-lines are current and viable. Ask yourself these questions:

- a. How well informed am I? Do I check the sources of the information I am using?
- b. Am I open to a spectrum of philosophical and political positions or have I become narrow-minded?
- c. What truths are dear to me? What gives me fundamental meaning and purpose in my life?

7. One's Sexual Connection to Everything and the Everything – *Book of Life Karmic Pattern*

This value reflects the vitality of our engagements. Our karmic patterns deplete or use up our vitality once we are in dharma. It is our inner spark, our soul's life force that inspires and motivates us, giving us the will to do and willingness to engage. Ask yourself these questions:

- a. What inspires and motivates me to engage with passion and lust in my life?
- b. Am I the prime mover in my life?
- c. Where do I still tend to step into karmic patterns of separation and isolate from life and others?

8. Creating your Dharma Life Pattern – *Design & Choreography of Energy Choices and Decisions*

Our priorities, choices, and decisions reflect our targets for self-actualization. They will reflect out of our karmic patterns or actively create and re-create a dharma life pattern. Ask yourself these questions:

- a. How do I respond when the going gets tough? What price do I pay for this response?
- b. Do I have goals that inspire me to pursue them? Am I feeding my hungers?
- c. How courageous am I in changing my life and doing what I do?
- d. Which truths, which values or bottom-lines, am I willing to die for (think fundamental change as well as death-death)?

9. The Wisdom to Properly Design your Hungers, Sexual Hungers and Work Priorities - *Prioritization*

Our hungers and our priorities change (evolve and grow) as we change. Priorities inform our decisions; decisions inform our everyday choices. Ask yourself these questions:

- a. How well do I prioritize my heart's desires?
- b. What can I do today to feed my hungers and sexual hunger?

- c. How can I make my work a joyful act of service for another's needs or desires?
- d. Do I align my free will with Great Spirit's Free Will so that Infinity (the irrepressible hunger of life itself) can guide my Intent?

**10. The Ability to Properly Discern a Proper Value Assessment of your Overall Self-Worth –
*Overall Measure***

Most of the time we either under-estimate our measure (self-pity) or overestimate our measure (self-importance). The presence of the Five Huaquas will give us the most accurate measure in each of the five directions. Ask yourself these questions:

- a. Do I have full self-acceptance? Am I happy?
- b. Do I deserve to engage my life with a good dose of humor or do I take life so seriously that I live under a blanket of shame?
- c. Am I grateful for the abundance within my circle of resources? And do I embrace this as my self-worth?
- d. Do I love myself enough to let my spirit soar with hope? Do I love myself enough to actualize my visions with passion and lust?
- e. Does my overall experience of life embrace the sacredness of life? Do I respect myself as an integral part of this harmonic resonance?

Personal Applications

Initial Exploration of the Seven Values

Items Needed

- Newspapers and magazines
- 7 poster boards
- Glue and scissors
- Markers

Description of the exercise

You are invited to create a collage for each of the Seven Values. Gather all of the items listed above. Choose images, clippings, sayings, stories, etc. that illustrate the presence of the Value. Also choose images, clippings, sayings, stories, etc. that illustrate the absence or violation of the Value.

Consider how you might juxtapose the light and dark and create a collage that exemplifies each of the Seven Values.

This type of exploration is fun to do in a small group so call together some friends and have fun learning together!

Personal Self-Study

The Seven Values offer principles that guide our intending and create meaning and purpose inside our everyday choices. Doing this work allows you to identify personal truths that you can live by, that can guide your daily decisions and actions.

The Seven Values (as the Nagual Seeds of Creation) interact with the Warrior's Attributes (as the Tonal Seeds of Creation) and the Ten She Thoughts (as the Egg of Creation). See the overlay of these three wheels on the next page.

In each of the eight directions, create a statement that describes their interaction in such a way that you gain a new illumination about how these Values offer meaning, purpose, and a dharmic approach for living your life today.

For example, in the south, *"I need to maintain emotional balance and control when I invite my relationship with those in my most immediate and everyday environment into the intimate fluidity of my heart space."* This is only one way – there are countless ways to create these statements.

What is important for you?

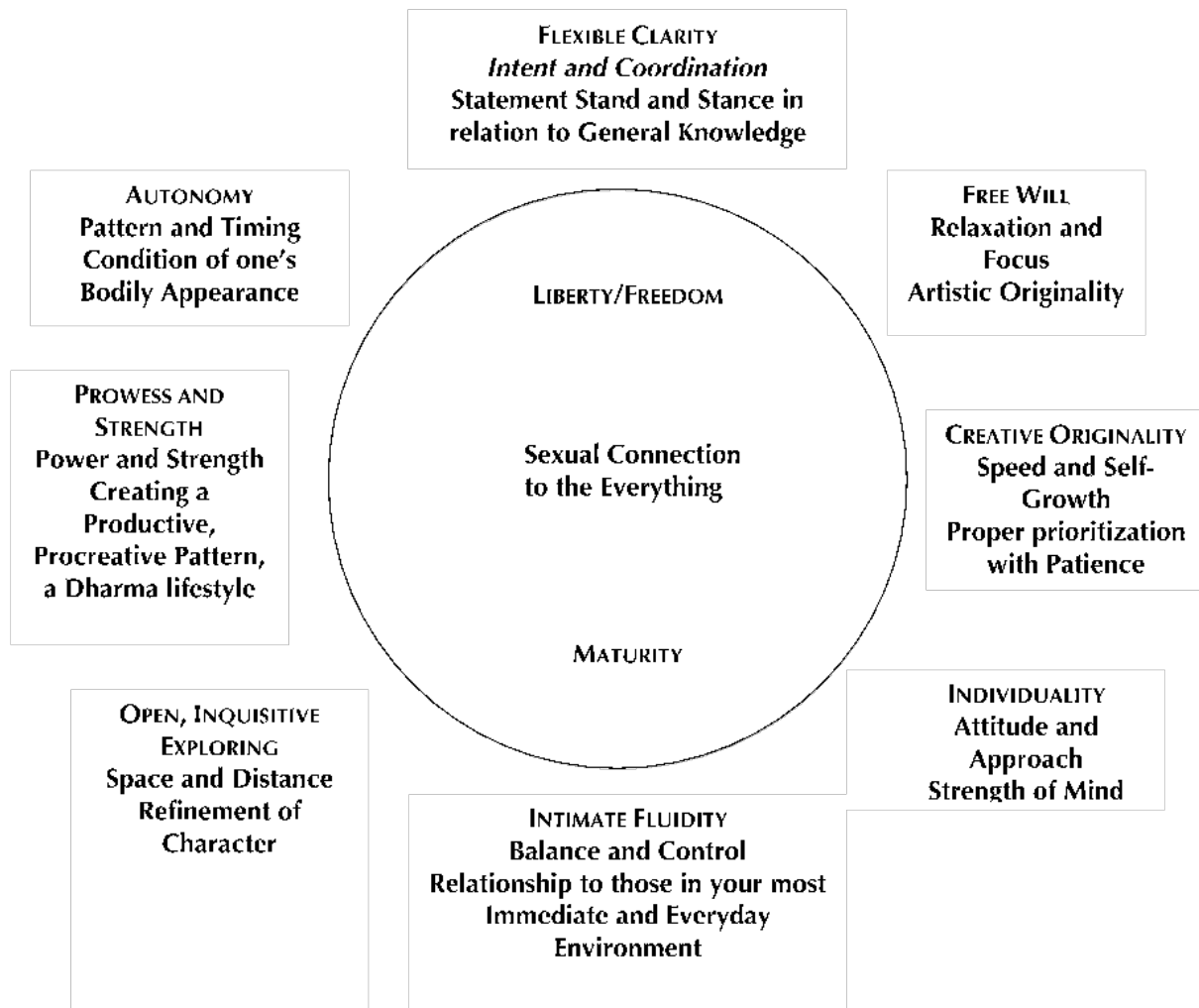
What kind of energy do you desire to create within your life?

HOW do you choose to live in dharma?

THE SHE THOUGHTS EGGS

AND THE *Warrior's Attributes* (Tonal Seeds)

AND *Values to the Everything* (Nagual Seeds)



Keys to Right Living in Dharma

Review the earlier section on the Seven Values to the Everything within the Ten Arenas of Self-Worth.

Begin by examining the Ten Arenas of Self-Worth.

- Notice how they are arranged into the eight directions and carry the essence of our basic Star Maidens Circle within them.
- Do some free-thinking and make connections to what is listed there and how you experience that aspect or arena of your life. What do you notice?

Now place the corresponding Value into that Arena of Self-Worth.

- What occurs? How are you asked to make a jump in HOW you engage in that arena?

Reflect on the questions that are posed for each direction on pages 18-20.

Create ten personal statements that give you keys to right living in dharma for you at this time. Then distill them into three fundamental core truths that you can and will live by.

An Advanced Exploration – Deepening your Dance in Dharma

Use the Grand Design Spinner and place 3 into your Dharma Sitting Place. Walk the Infinity Pattern highlighting which Value is operative at each of the ten steps of the movement – and pay attention to which direction on the wheel this step occurs. What direction on your dharma spin does each Value impact?.

Take some time to ponder each step. Look into your life to see in what way you are aligned with this Value and what blocks this Value at each step.

- What is the impact of blocking, ignoring, or resisting this connection?
- What difference will it make in my life when I intentionally choose to align with Great Spirit's recommended guidelines?
- How could I make even the smallest refinements in my orientation in order to experience greater harmony?

Once you have done this examination, weave all the layers of the Grand Design together into a description of your dharma pattern. Dream into the flow of dharma intending.

Then create Warrior Task Assignments that are simple, doable, and practical applications of this flow into your everyday life.

NOTE: for those who do not yet own a Grand Design Spinner as depicted below, you are able to order these at dtmms.org/product/grand-design-spinner-dharma-spinner, or email dtmms@dtmms.org

The Grand Design Spinner

